



Brian G.

Encanto Park pickleball courts have helped me tremendously. I went from 2008-2023 with very little physical activity. I was invited to play pickleball at Encanto in March 2023 and have been playing pickleball ever since. I've lost 30 pounds, made countless friends & regained my confidence because of the Encanto community. I've also helped other friends get active by bringing them to the courts!

Alfredo F.

This sport is helping me to get better coordination and stability in my body also with my memory (keep track of score).

Laurie P.

Pickleball has been a game-changer for my health. With arthritis, staying active can be challenging, but this low-impact sport keeps me moving without putting too much strain on my joints. Beyond the physical benefits, it's also been an incredible stress reliever. Work can be overwhelming, but when I step on the court, I can clear my mind, focus on the game, and enjoy the camaraderie. And the best part? The incredible people at Encanto. Their warmth, support, and enthusiasm make every game even more enjoyable. Pickleball isn't just exercise—it's a vital part of keeping me both physically and mentally healthy, and I'm grateful to share it with such an amazing community.

Andy S.

I have been playing pickle ball for over a year and have lost 20 lbs. It has really improved my lifestyle and mental health.

Nancy C.

I have been playing pickleball for 2 years. It is my favorite form of exercise, you don't realize how much you are working out by running, hitting, and challenging yourself to be a better player. I love the engagement and the inclusiveness of the game/sport at Encanto Park, it's the friendliest place to play in the valley.

Sergio S.

I am a local first responder. Encanto pickleball has given me an excellent forum for active recovery after long 24 hour shifts. It's a stress reliever and great for my mental health. I love the focus it requires and the community that we have built at Encanto.